

training fin comparison chart

FIN	TECHNIQUE	FAT BURNING	STRENGTH BUILDING	SMART FIN™ TECHNOLOGY	TARGET ATHLETE
Z2 GOLD ZOOMERS®	●	●	●	●	youth/fitness/tri/comp
ZOOMERS® GOLD	●	●	●		fitness/tri/comp
POSITIVE DRIVE FINS	●				fitness/comp
LONG FLOATING FINS			●		youth/fitness
EDGE	●	●	●	●	fitness/tri/comp